

### **Online resources – free!**

There are a number of online resources which U3A members may find useful, informative and entertaining.

First, don't forget the national u3a website – [U3A](#) !

If you check under [LEARNING PROGRAMMMES](#) you will find details of many activities for individuals to get involved in, for example: quizzes, birdwatching, creative writing, photography, mindfulness programmes.

Then under the [LEARNING EVENTS](#) you will find study courses and lectures, including events with the National Gallery, Royal Institution. Examples of events include Watercolour painting, Islamic Spain, The History of Fairy Tales, and the Geology of the British Isles. You will need to register for a place on these courses, as places are limited.

Go to [MIRTHY TALKS](#) who have talks held on Thursday afternoons at 2.00pm on a variety of topics ranging from gardening and travel to history and show business. These are of a generally high standard and are aimed particularly at u3a and WI members. This organisation also has a programme of charged talks (currently £2.99 per talk), and a Facebook group.

[GREYSNET](#) have a variety of free Online Creative Classes For Older People –

These include Exercise, Drawing, and Singing. Several of our u3a members have tried these and recommend them to others.

[UK TOURS ONLINE](#) Set up by Blue Badge guides, these are well led, informative tours of places and towns across the UK. There is a charge for most of these, but if you sign up to their newsletter you will receive details of their free programme.

[THE NATIONAL ARCHIVES](#) - Free talks, webinars and live Q&As online

An exciting programme of online talks is free for everyone and delivered by experts, specialists, and guests. You can register for as many of the online talks, Top Level Tips webinars and Meet the Author events as you like.

[THE V AND A](#) - Hear more about exhibitions and collections, and engage with curators, makers and specialist guest speakers. The evening talks, lectures, conversations and pop-up events welcome members and non-members